

# ***Jason E. Barker, ND***

[JB@DrJasonBarker.com](mailto:JB@DrJasonBarker.com)  
[www.DrJasonBarker.com](http://www.DrJasonBarker.com)

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## **EDUCATION**

- 2006            Certificate in Clinical Research  
Oregon Health & Sciences University  
Portland, Oregon
- 2001-2003      Residency in Family Medicine  
PGY1/ PGY2: Natural Health Centers  
Portland, Oregon
- 2000-2001      Internship in Naturopathic Medicine  
Southwest Naturopathic Medical Center  
Scottsdale, Arizona
- 1997-2001      Doctor of Naturopathic Medicine  
Southwest College of Naturopathic Medicine  
Tempe, Arizona
- 1994-1997      Emergency Medical Technician/Winter Emergency Care Technician  
Colorado Mountain College  
Breckenridge, Colorado
- 1993            Bachelor of Science, Exercise and Sport Science  
Minor in Anatomy and Neurobiology  
Colorado State University, Fort Collins, Colorado
- 1992            International Sports Medicine Association Certified Personal Trainer  
Fort Collins, Colorado

## **CLINICAL PRACTICE**

- 2008-          Center for Spine Pain, Highlands Ranch, Colorado
- 2005-2007      Back In Motion Sports Injuries Clinic, Beaverton, Oregon
- 2004-2007      HealthMax LLC, Portland, Oregon
- 2001-2004      National College of Naturopathic Medicine-Natural Health Centers, Portland,  
Oregon

## **CONSULTING**

- Gleukos Performance Beverage Portland, Oregon  
*-Director of Sport Science, 2003-present*

- ZRT laboratories, Beaverton, Oregon  
-*Clinical Consultant 2004-2005*
- Progressive Health Nutraceuticals, Boise, Idaho  
-*Formulation Consultant*

## RESEARCH

- Helfgott Research Institute, Portland, Oregon  
-*Adjunct Faculty*

2006                      The Effects of *Rhodiola rosea* on Endurance Capacity and Immune Function of Athletes. Oregon Health & Science University, Portland, Oregon

2000-2001                The Effects of a Botanical Combination on Seasonal Allergic Rhinitis  
Southwest College of Naturopathic Medicine, Tempe, Arizona

## SELECTED PROFESSIONAL & COMMUNITY PRESENTATIONS

August 2007             Sports Nutrition for the High School Athlete  
American Chiropractic Association Pediatric & Sports Counsels Combined Symposium  
Nike World Campus, Beaverton, Oregon

March 2007              Prolotherapy: Indications & Evidence  
Western States Chiropractic College, Portland, Oregon

Ongoing 2007            Lecture Series:

- Hydration for the Endurance Athlete
- Sports Nutrition & Supplementation: The good, the bad and the worthless
- Prevention & Treatment of Common Injuries

Team in Training-The Leukemia & Lymphoma Society  
Portland, Oregon

May 2006                Human Investigations Program Abstract Presentation  
Oregon Health & Science University

April 2006               Canadian Health Food Association Expo West  
The Benefits of Hyaluronic Acid

April 2006               Proper Hydration Techniques: Do's and Don'ts  
Portland Fit-Portland Marathon Training Seminars

November 2005        Muscle Function and Recovery: Optimizing Muscle Performance  
Portland, Oregon

October 2005            Hyponatremia & Recovery Beverages  
Portland Marathon Race Directors College

March 2005	Nutrition & Endurance Portland Triathlon Club, Portland, Oregon
February 2005	Hormonal Changes in the Female Athlete Eastside Athletic Club, Clackamas, Oregon
May 2004	Health Strategies for the Cyclist REI, Inc. Portland, Oregon
April 2004	Endurance Athletes & Hormonal Changes Portland, Oregon
March 2004	Staying Healthy Through the Training & Racing Seasons Portland, Oregon
January 2004	Natural Medicine and the Athlete Whole Foods Market, Portland, Oregon
January 2004	The Natural Athlete Weiden & Kennedy Advertising, Portland, Oregon
December 2003	Herbal Medicine: Current Trends, Effectiveness, and Safe Use Tokyo, Japan
October 2003	Home Health Hazards Weiden & Kennedy Advertising, Portland, Oregon
October 2003	Flu Prevention: More Than Just a Shot! New Seasons Market, Hillsboro, Oregon
October 2003	Winter Wellness Timber Operators Council, Portland, Oregon
September 2003	Maximizing Energy for Peak Performance Remax Equity Group, Inc. Portland, Oregon
August 2003	Nutritional IV Therapy Maverick's Sports Club, Portland, Oregon
June 2003	Cardiovascular Disease: Preventative Treatment New Seasons Market, Portland, Oregon
May 2003	The Latest Findings in Allergy Prevention & Treatment National College of Naturopathic Medicine, Portland, Oregon
April 2003	Optimizing Energy for Peak Physical Performance New Seasons Market, Portland, Oregon
February 2003	Safe & Efficacious Use of Herbs and Supplements Oregon Health Sciences University, Portland, Oregon Healthy Aging Program

October 2002 Men's Health Issues  
National College of Naturopathic Medicine, Portland, Oregon

March 2002 Hypertension and Naturopathic Medicine  
New Seasons Market, Portland, Oregon

February 2002 Hypertension and Naturopathic Medicine  
Multnomah Center, Portland, Oregon

January 2002 Prostate Health  
Multnomah Center, Portland, Oregon

August 2000 The Immunology of Asthma  
Southwest College of Naturopathic Medicine, Tempe, Arizona

August 2000 Autoimmune Disease  
Southwest College of Naturopathic Medicine, Tempe, Arizona

May 2000 Imm-kine: Immune Stimulation Study  
Southwest College of Naturopathic Medicine, Tempe, Arizona

August 1999 To Vaccinate or Not To Vaccinate  
Southwest College of Naturopathic Medicine, Tempe, Arizona

## **TEACHING**

Spring 2006 Systems Processes and Homeostasis  
Student Research Project Leader  
Oregon Health & Science University, Portland, Oregon

April 2004 Clinical Nutrition, Supplements & The Athlete  
University of Portland, Portland, Oregon

July 2003 Clinical Case Correlates  
National College of Naturopathic Medicine, Portland, Oregon

June 2003 Complementary & Alternative Medicine Grand Rounds:  
Cardiovascular Disease in Women  
Oregon Health Sciences University, Portland, Oregon

Spring 2003 Naturopathic Manipulative Therapy: Teaching Assistant  
National College of Naturopathic Medicine, Portland, Oregon

November 2002 Complementary & Alternative Medicine  
Clackamas Community College, Milwaukie, Oregon

October 2000 The Side Effects of Poor Nutrition  
Mesa Vista High School, Mesa, Arizona

October 2000 The Effects of HIV on the Neurological System  
Southwest College of Naturopathic Medicine, Tempe, Arizona

September 2000     Dendritic Cell Therapy and Cancer  
Southwest College of Naturopathic Medicine, Tempe, Arizona

April 2000             Esophageal Webs in a 32 year-old male with Lifelong Dysphagia  
Southwest College of Naturopathic Medicine, Tempe, Arizona

## WRITING/ PUBLICATIONS

### Editorial Positions:

*Natural Standard Senior Editorial Board: 2006-present*

Associate Editor of Journal of Herbs, Spices and Medicinal Plants: 2003-present

### *Book:*

Herbs and Nutrients for the Mind: A Guide to Natural Brain Enhancers  
Greenwood Publishing Group, September 2004

### *Selected Articles:*

#### Natural Pharmacy: Natural Products News for Retail Pharmacists and Nutrition Counselors:

- Atopic Skin Disease Treatment from a Natural Approach 9/02
- Natural Treatments for Upper Respiratory Infections: What You Need to Know 12/02
- Prostate Health, Naturally 3/03
- Otitis Media: Alternatives to Antibiotics 6/03
- The Latest in Drug-Herb Interactions 12/03
- Fortifying the Body Against Viral Illness: A Matter of Susceptibility 9/03
- New Approaches to Down Regulating the Allergic Cascade 3/04
- Hypertension 6/04
- Alternative Antiinflammatories 12/04
- Natural Pain Relief 10/04
- Adaptogenic Botanicals 3/05

#### Alternative & Complementary Therapies:

- Optimal Wellness for Peak Physical Performance 2/03
- Food Allergies: Establishing the Link 4/03
- Asthma: Cutting Edge Complementary Medicines 6/03
- Cardiovascular Disease: Phytochemical & Nutritional Prevention & Treatment 8/03
- Natural Approaches to Inflammatory Disease 10/03
- Natural Treatments for Metabolic Syndrome 12/03
- Mental Health: It's Really a Matter of Cellular Biochemistry 2/04
- Male Health: Ensuring Fertility 2/04
- Female Fertility 4/04
- Functional Foods for Childhood Development 6/04
- Natural Pain Management 8/04
- Men's Health: Andropause 10/04
- Synergy in Nutrients 12/04
- Therapeutic Amino Acids 2/05
- Therapeutic Enzymes 4/05

The Townsend Letter for Doctors & Patients:

- Whole Foods: Getting Back to the Basics (Our Foundations as Physicians) 2-3/03
- Eczema, Psoriasis & Dermatitis: Putting it All Together 5/03
- The SARS Virus: Susceptibility, Terrain, and Minimization of Risk 7/03
- Viral Illness: Susceptibility, Terrain, and Minimization of Risk, Part II 8-9/03
- Naturopathic Approach to Peripheral Vascular Disease 8-9/03
- Enhancement of Exercise Performance 10/03
- Multiple Sclerosis: Options For a Complicated Disease 11/03
- Seasonal Affective Disorder 12/04
- Food Allergies: Establishment of Diagnosis 1/04
- Chronic Fatigue Syndrome: Treatment from an Adaptogenic Perspective 2/3 /04
- Insomnia Options, Natural Medicine Choices 4/04
- Asthma and The Inflammatory Process 5/04
- Nutrition, Immunology, and The Athlete, Part I 6/04
- Nutrition, Immunology, and The Athlete, Part II 7/04
- Natural Medical Approaches to Heart Disease 8-9/04
- Approaches to Anxiety 10/04
- Urine Studies: Hormone Profiling, Bone Resorption Markers and Patient Care 11/04
- Andropause 12/04
- Naturopathic Approach to Adrenal Dysfunction 1-2/05
- Natural Pain Modulation 3/05
- Liver Support 4/05
- Microcirculation

**TECHNICAL WRITING**

Company: Enzymedica, Punta Gorda, Florida

- Stopping Digestive Discomfort
- Dietary Support for Healthy Weight Loss

2002 Student Doctor's Clinic Guide

2001 Imm-kin: An Innovative Immune Stimulator

**TELEVISION/MEDIA EVENTS**

May 2007 "Outside The Box" Tigard Public Access Television: Naturopathic Medicine

June 2006 "Outside The Box" Tigard Public Access Television: Sports Nutrition for the Marathon Marathon.

December 2004 Andropause Discussion on "Global Medicine Review", Radio Station WBAI 99.5 FM, New York, New York with Dr. Kamau Kokayi.

October 2002 "Alternatives for Health" Oregon Public Access, weekly series

**CONTINUING EDUCATION**

2007 Oregon Association of Naturopathic Physicians Pain Management/Pharmacy Seminar  
Portland, Oregon

2007	American Association of Orthopaedic Medicine: Pain Management & Healing in the 21 <sup>st</sup> Century. Las Vegas, Nevada
2006	Oregon Association of Naturopathic Physicians Pain Management/Pharmacy Seminar Portland, Oregon
2006	Prolotherapy Training Dr. Rick Marinelli-Portland Oregon
2006	Trigger Point Injection Therapy Naturopathic Academy of Therapeutic Injection Portland, Oregon
2005	The Vaccine Balancing Act: A Clinician's Guide Portland, Oregon
2004	Oregon Association of Naturopathic Physicians Pharmacy Seminar Portland, Oregon
2004	Prolotherapy & Mesotherapy Injection Techniques Naturopathic Academy of Therapeutic Injection Portland, Oregon
2003	Oregon Association of Naturopathic Physicians Pharmacy Seminar Portland, Oregon
2003	Advanced IV Therapy Professional IV Seminars, Portland, Oregon
2002	Cancer Treatment Centers of America Basic Principles and Advanced Topics in Naturopathic Cancer Care
2002	IV Therapy National College of Naturopathic Medicine
2001	Cutting Edge Immunology for Physicians National College of Naturopathic Medicine

#### **CURRENT & PAST VOLUNTEER SERVICE & COMMITTEES/POSITIONS**

- Senior Editorial Board: Natural Standard
- Continuing Education Chairperson, Oregon Association of Naturopathic Physicians
- Advisor, International Naturopathic Postgraduate Medicine Education Administration
- Grand Rounds Committee Chairperson: National College of Naturopathic Medicine
- Postgraduate Medical Education Committee: National College of Naturopathic Medicine
- Vice President: AIM Associates (Academically Integrating Medicine)
- Volunteer Physician:
  - Outside In
  - Dignity Village Medical Outreach Program

#### Neighborhood Health Centers-Multnomah County Health Clinics

- Critical Case Review Committee:  
Natural Health Centers, National College of Naturopathic Medicine
- Residency Application Review Committee: National College of Naturopathic Medicine
- Residency Interview Committee: National College of Naturopathic Medicine
- NPLEX cut scores committee/ NPLEX Nutrition Test questions review  
January 2002  
August 2002  
January 2003
- Multnomah County/Portland Food Policy Council Forum
- Licensing Committee Chairperson  
Southwest College of Naturopathic Medicine
- Class Representative 1999-2000 License Committee Representative  
Southwest College of Naturopathic Medicine
- Board of Trustees Student Committee  
Southwest College of Naturopathic Medicine

#### **LICENSURE CERTIFICATIONS**

- Oregon Board of Naturopathic Examiners-State Naturopathic Medical License, 2001
- Intravenous Therapy certified, State of Oregon

#### **PROFESSIONAL AFFILIATIONS**

- Colorado Association of Naturopathic Physicians
- Oregon Association of Naturopathic Physicians